

12 Practical Family Travel Tips

We all know that traveling as a family can bring you closer — **or not!**

It's all about planning the trip that's right for your family. Take a minute to review the following tips before you leave to ensure your next trip will be a memorable experience for the entire family.

- Allow each child to pack his or her own suitcase and backpack with books, crayons and small toys.
- Carry your own water bottle on a plane. Staying hydrated improves your comfort during long trips.
- Make a good impression on your host, whether you stay in a hotel or bed and breakfast. Teach your children to shake hands, smile and make eye contact.
- Don't overschedule your days. Leave time to just hang out and enjoy the moment. Take an ice cream break when sight-seeing.
- Learn half a dozen words in the language of the country you'll visit. It's both fun and useful. Gracias goes a long way!
- The best (and least expensive) souvenirs are postcards! (Plus, they come in handy for future school reports.)
- Include children in pre-trip planning so they are as excited about your destination as you are.
- Before your trip, read books or watch videos about your destination. If you plan

to visit the house of an author or historical figure, for example, read about him or her first.

- Encourage your child to write in a journal or make a scrapbook.
- When visiting a museum, stop in the gift shop first and buy five postcards – then hunt for the real items or paintings in the museum.
- Weave your child's interests into your itinerary. For example, if your daughter enjoys playing with dolls, take her to a museum of dolls.
- Do one amazing thing each day.

Source: www.parenthood.com

Tips from Dermatologists About Playing It Safe in the Sun

- Limit the amount of time in the sun between 10 a.m. and 4 p.m. when the sun's UV rays are the strongest.
- Thirty minutes prior to being in the sun, apply a sunscreen of at least SPF 15. Remember to apply to all exposed skin including ears, nose, neck, and hands.
- Reapply sunscreen after swimming, toweling off, or excessive sweating. Otherwise, reapply every two hours. Even waterproof sunscreen wears off!
- Remember the lips with a lip balm with a SPF of at least 15.
- Sunscreen is not just for the summer! Help your teenager get into the daily habit of applying a sunscreen or moisturizer with SPF 15.
- Wear sunglasses that block UVA/UVB rays or a wide-brimmed hat (at least a four-inch brim) to protect the eyes. Your neck, ears, and face will also be protected when wearing a hat.

Quote of the Day

“I have found the best way to give advice to your children is to find out what they want and then advise them to do it.”

by *Harry S. Truman 33rd US President*

- Trees and umbrellas offer great protection. Whenever possible, stay in the shade!
- Cover up with tightly woven clothing.



- As a parent, be a good role model by wearing sunscreen, sunglasses, a hat, and by avoiding the sun during peak hours. By doing this, you will be protecting your skin and your teenagers!

Source: www.tipson teens.org

Quick Cures for Carsick Kids

Fill up the gas tank before loading the little ones in a car. Newborns and toddlers are particularly sensitive to exhaust fumes.

Give your child a light meal—something low in fat, like cereal or carrot sticks—before leaving. Be sure to take plenty of healthy snacks, such as crackers, fruit and juice boxes.

Crack open the windows on warmer days. Fresh air can settle an upset tummy.

Occupy little ones by playing a favorite sing-along cassette or book on tape.

Divert older kids' attention by playing games such as counting blue cars or spotting out-of-state license plates.

Source: www.parenthood.com

This issue

Memorial Day Page 2
History of Mother's Day and Father's Day Page 2
Internet Safety Tips..Page 5
Smoothing the Evening Transition.....Page 5
2003 Talent Contest Winners Page 6

The History of Memorial Day

The location of the first observance of Memorial Day is in dispute. Some claim the custom of honoring war dead began in Boalsburg, Pennsylvania.

Others claim the custom was originated by some Southern women who placed flowers on the graves of both Union and Confederate soldiers after the Civil War.



According to one writer, the first Memorial Day service took place on May 30, 1866, on Belle Isle, a burial ground for Union soldiers at the St. James River, in Richmond, Virginia.

The school superintendent and the mayor planned the program of hymns and speeches and had the burial ground decorated with flowers. In 1966, however, the U.S. government proclaimed that Waterloo, New York, was the birthplace of Memorial Day.

On May 5, 1865, the people of Waterloo had honored soldiers who had died in the Civil War. In 1868, General John A. Logan, commander-in-chief of the Grand Army of the Republic (an organization of Union veterans of the Civil War), named May 30th as a special day to honor the graves of Union soldiers.

The selection of May 30th is attributed to a Virginian of French descent, Cassandra Oliver Moncure, who may have selected this date because it was "The Day of Ashes" in France-the day Napoleon's remains were returned to France from St. Helena. The custom of placing flowers on graves is an old one that exists in many countries.

This date was made a federal holiday in 1971. Some Southern states have Memorial Day celebrations to honor Confederate soldiers who died in the Civil War. Mississippi and Alabama celebrate Confederate Memorial Day on the last Monday in April. In Florida and Georgia, the date is April 26. May 10 is Memorial Day in North and South Carolina, and the holiday is June 3 in Kentucky, Louisiana, and Tennessee. Texas observes Confederate Heroes Day on January 19, Robert E. Lee's birthday.

The Story of Mother's Day

The earliest Mother's Day celebrations can be traced back to the spring celebrations of ancient Greece in honor of Rhea, the Mother of the Gods. During the 1600's, England celebrated a day called "Mothering Sunday". Celebrated on the 4th Sunday of Lent (the 40 day period leading up to Easter*), "Mothering Sunday" honored the mothers of England.

During this time, many of England's poor worked as servants for the wealthy. As most jobs were located far from their homes, the servants would live at the houses of their employers. On Mothering Sunday the servants would have the day off and were encouraged to return home and spend the day with their mothers. A special cake, called the mothering cake, was often brought along to provide a festive touch.

As Christianity spread throughout Europe the celebration changed to honor the "Mother Church" - the spiritual power that gave them life and protected them from harm. Over time the church festival blended with the Mothering Sunday celebration. People began honoring their mothers as well as the church.

In the United States Mother's Day was first suggested in 1872 by Julia Ward Howe (who wrote the words to the Battle Hymn of the Republic) as a day dedicated to peace. Ms. Howe would hold organized Mother's Day meetings in Boston MA,



ever year.

In 1907 Ana Jarvis, from Philadelphia, began a campaign to establish a national Mother's Day. Ms. Jarvis persuaded her mother's church in Grafton, West Virginia to celebrate Mother's Day on the second anniversary of her mother's death, the second Sunday of May. By the next year Mother's Day was also celebrated in Philadelphia.

Ms. Jarvis and her supporters began to write to ministers, businessman, and politicians in their quest to establish a national Mother's Day. It was successful, as by 1911 Mother's Day was celebrated in almost every state. President Woodrow Wilson, in 1914, made the official

announcement proclaiming Mother's Day as a national holiday that was to be held each year on the second Sunday of May.

While many countries of the world celebrate their own Mother's Day at different times throughout the year, there are some countries such as Denmark, Finland, Italy, Turkey, Australia, and Belgium which also celebrate Mother's Day on the second Sunday of May.

Source: www.holidays.net

Father's Day History

Sonora Dodd, of Washington, was one of the first people who had the idea of a "father's day". She thought of the idea for Father's Day while listening to a Mother's Day sermon in 1909.

Sonora wanted a special day to honor her father, William Smart. Smart, who was a Civil War veteran, was widowed when his wife died while giving birth to their sixth child. Mr. Smart was left to raise the newborn and his other five children by himself on a rural farm in eastern Washington state.

After Sonora became an adult she realized the selflessness her father had shown in raising his children as a single parent. It was her father that made all the parental sacrifices and was, in the eyes of his daughter, a courageous, selfless, and loving man. Sonora's father was born in June, so she chose to hold the first Father's Day celebration in Spokane, Washington on the 19th of June, 1910.

Even before Dodd, however, the idea of observing a day in honor of fathers was promoted. Dr. Robert Webb conducted what is believed as the first Father's Day service at the Central Church of Fairmont, West Virginia in 1908. It was Dodd's efforts, however, that eventually led to a national observance.

President Calvin Coolidge, in 1924, supported the idea of a national Father's Day. Then, in 1966 President Lyndon Johnson signed a presidential proclamation declaring the third Sunday of June as Father's Day.

Source: <http://wilstar.com>

Riddle Fun

What do you get when two strawberries meet?

A strawberry shake

What has 18 legs and catches flies?

A baseball team

What kind of beans never grow in a garden?

Jelly beans

Why is a math book sad?

It has so many problems

Fun Food Facts and Trivia

Have you ever wondered what animals are in a box of animal crackers?

1 Lion	1 Buffalo
2 Sheep	2 Tigers
2 Monkeys	3 Rhinos
5 Bears	6 Gorillas

Did you know...

...butter is one of our oldest foods?

...cabbage is 91% water?

...about 88% of all milk is water and only about 12% is a solid substance that has food value?

...there are over 400 varieties of natural cheeses?

...there are over 240 varieties of fish and shellfish sold in the fish markets and grocery stores?

...in Japan, the most popular topping for pizza at Domino's Pizza is Squid?

...in 1977, Americans ate more than 7.5 billion quarts of popcorn?

...it takes 50 gallons of maple sap to make one gallon of maple sugar?

...Tootsie Rolls were the first wrapped penny candy in America?

...lemons contain more sugar than strawberries?

...there are over 15,000 varieties of rice?

...the candy bar "Baby Ruth" was named after the daughter of U.S. President Grover Cleveland in 1921?

...each American eats approximately 22 pounds of tomatoes yearly? Over half of the tomato consumption is in the form of catsup and tomato sauce.



Source: www.foodfunandfacts.com

FUN Pages

Boredom Busters

Fifteen ways to beat the summertime blues.

1. Play hose tag.
2. Dig a hole. Put a hose in it. Play in the water.
3. Create a sand painting. You need sand, food coloring, and some small jars to put the sand in, and a cookie sheet. Mix together sand and food coloring. Spread it on the cookie sheet, and put it in the sun to dry. Put the colored sand into the jars. Make pictures by sprinkling the sand in a smooth area.
4. Use the leftover sand to make a paperweight. Use an empty babyfood jar. Make layers with the colored sand. Close the lid tightly and tie a ribbon around the top.
5. Do an ice sculpture. Buy a block of ice. Get some squirt and spray bottles. (You

can use some empty dishsoap bottles-wash them out good.) Fill them with hot water. Add food coloring. Spray the ice with the colored water and the hot water will sculpt the ice for you and add color.

6. Paint each fingernail and toenail with a different color of nail polish.

7. Play "Don't Touch the Ground". Use bricks and other objects to make paths around your house. See where you can get without touching the ground!

8. Go out and find soda cans and bottles that people have thrown out. Cash them in and buy yourself a treat. You'll not only be making some money, you'll be helping to clean up your neighborhood.

9. Find out if you can really fry an egg on the sidewalk on a hot day. But don't eat it, of course!

10. Do a "rain dance" Have a show of creative dances under the spray of the sprinkler.

11. Go to the beach. Who says you can't? Set up your beach towel and umbrella right in your yard.

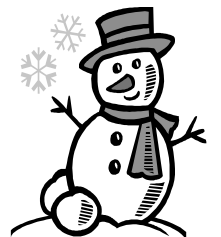
Get some snacks and some books and do a little summer reading. When you get hot, run through the sprinkler.

12. Make frozen fruit. Freeze grapes, strawberries, banana, or mashed-up watermelon. They'll be just right in about an hour.

13. Sit in deep shade. See how many cool, cold, or frozen things you can think of in five minutes. Make it a contest with a friend.

14. Design your own custom stationery. Give it as gifts.

15. Go to the local library. Most libraries have summer programs that can be lots of fun...and they're air-conditioned!



An afternoon snack you can make

Be sure to ask mom or dad for help

Puppy Chow

1 box Rice Chex
12 oz. chocolate chips
1 c. crunchy peanut butter
1/2 lb. powdered sugar
Place cereal in LARGE pan. Melt chips and peanut butter. Gently stir into Chex, using powdered sugar, so it doesn't stick. Serve to humans!
P.S. Beg for peanut butter samples while preparation in progress.

Goofy's Slurpin' Slurpee

4 cups ice cubes
1 1/2 - 2 cup water
1 pkg. Kool-Aid unsweetened drink-mix (any flavor)
3/4-1 cup sugar
Place all ingredients into a blender, water first. Blend on low speed, gradually walking the speed up to high. Blend 1-3 minutes. Serve immediately.

Source: www.geocities.com/parentsworkshop/for_kids.html

Source: www.rainbow-magic.com

Summer

T	S	H	I	R	T	I	B	A	R	E	F	O	O	T
N	A	T	S	J	U	E	C	K	B	F	R	P	R	S
R	B	D	E	R	O	B	G	E	O	O	I	A	E	K
U	E	K	I	B	G	G	P	F	D	C	S	R	T	A
B	A	V	V	C	N	I	O	E	N	T	B	K	A	T
N	C	J	O	B	I	O	D	I	C	O	E	S	W	E
U	H	K	M	G	G	A	C	L	A	H	E	A	T	S
S	E	K	I	H	N	O	H	O	M	E	W	O	R	K
S	W	I	M	O	A	I	N	O	P	V	U	Y	I	P
T	O	E	M	S	H	O	P	P	I	N	G	E	N	I
R	M	E	A	R	C	A	D	E	I	C	T	N	I	R
A	L	H	O	T	D	O	G	S	E	A	D	O	K	T
V	A	C	A	T	I	O	N	Y	A	L	P	M	I	R
E	T	K	R	O	W	L	L	A	B	E	S	A	B	A
L	I	S	T	R	O	H	S	T	U	O	K	O	O	C

ARCADE
BAREFOOT
BASEBALL
BEACH
BIKE
BIKINI
BORED
CAMP
CAR TRIP

COKES
COOKOUTS
FRISBEE
GOOFOFF
HANGING OUT
HEAT
HIKE
HOT DOGS
ICED TEA

JOB
LEMONADE
MONEY
MOVIES
MOW
NO HOMEWORK
PARKS
PICNIC
PLAY

POOL
SHOPPING
SHORTS
SKATES
SLEEPING OVER
SUNBURN
SWEAT
SWIM
TAN

TRAVEL
T SHIRT
TV
VACATION
WATER
WORK

What Moms REALLY want for Mother's Day

- To be able to eat a whole candy bar by herself, and drink a glass of soda without any "floaters".
- To have my 14 year old answer a question without rolling her eyes in that "Why is this person my mother?" way.
- Five pounds of chocolate that won't add twenty.
- A shower, without a child peeking through the curtain with a "Hiya, Mom" just as I put razor to my ankle.
- A full-time cleaning person, who looks like Brad Pitt.
- For my teenager to announce, "Hey, Mom! I got a full scholarship and a job all in the same day!"
- A grocery store that doesn't have candy, gum, or cheap toys displayed at the checkout line.
- To be able to sit down on a plane with my toddlers and not have some pencil-neck-yuppie moan, "Ohhh, nooo! Why me?"
- Four words: Fisher Price Play Prison.

Source: www.bulterwebs.com

Baseball Timeline

Baseball is as old as Ancient Egypt, but is frequently associated with modern America. Raising money for the war effort, baseball stretched its political muscles. In nourishing great athletes, baseball has taught its children to achieve. For the good of American morale, the President encouraged baseball in a time of global war. Although the game is as traditionally American as apple pie, players from all over the world have joined in the spirit of the nondiscriminate game. Even the US President is just another player when he tosses the ball onto the field to start the game. It doesn't matter if players are from America, England, or Antarctica. Race, religion, beauty, and height don't seem to matter a bit. When players come together to form a team, all that hangs in the balance is the ball.

Hit these historical highlights with us and explore the magic of the mighty diamond.

2000 BC Egyptians play the first game with a ball and a bat.

1700 "Base ball" was born

from an English children's game called "rounders".

1834 "The Book of Sports" was published outlining instructions on how to play the game.

1845 Alexander J. Cartwright became head of the Knickerbocker Base Ball Club in New York, and created a list of the first 20 rules of baseball.

1869 The Cincinnati Red Stockings become the first pro team.

1875 Bill "Gunner" McGunnigle wore a pair of bricklayer's gloves to the game and found it was much easier to catch the ball wearing a glove.

1883 First night game played in Fort Wayne, Indiana

1903 First World Series- Boston beats Pittsburgh 5-3

1914 William Howard Taft was the first President to throw out the season's first ball.

1921 KDKA in Pittsburgh airs the first major league radio broadcast. The Pirates beat the Phillies 8-5.

1931 The Baseball Writer's Association of America began the MVP tradition, and

named a Most Valuable Player for each league.

1933 The first major league All Star game.

1935 Babe's last game.

1939 NBC televises the first baseball game on an experimental television called W2XBS. The game pitted the Reds against the Dodgers at Ebbet's Field.

1947 Jackie Robinson broke the segregation barrier and signed with the Brooklyn Dodgers to become the first black player in modern major league baseball.

1968 The Houston Astrodome hosts the first indoor All Star game. National

League wins 1-0.

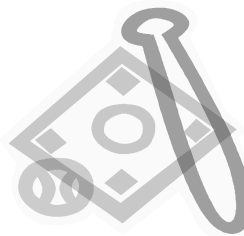
1978 The Dodgers pack their stadium full with over three million fans.

1986 Every major league team brings in over one million fans.

1992 The Houston Astros give up the Astrodome for the Republican National Convention and hit the road for a 28-game trip.

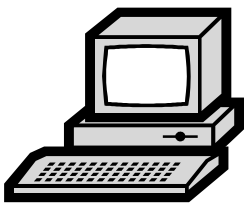
1994 Baseball Strike preempts World Series.

Source: www.kidsdomain.com



Internet Safety Tips

- Place your computer in an open room with the monitor facing out. This allows you to see and control what is occurring on the Internet.
- Educate your children about the Internet, both the positives and the potential dangers.
- Bookmark child-friendly web sites. This allows your children to easily get to safe sites that they have used before.
- Teach your children that Internet safety means never giving out personal information over the Internet.
- Share your Internet child safety experiences, both good and bad, with others.
- Teach your children to refrain from chat rooms.
- Don't install Peer-to-peer applications. A high percentage of what occurs with children and peer-to-peer applications is related to either illegal or immoral activities.
- Teach children to crash and tell. If they encounter a bad experience, they should feel comfortable in immediately turning off the computer and talking with a parent about the experience.
- Never allow your children to meet with someone from an online session unless the parent approves.
- Know the parents of your children's friends.
- Teach children to never open email from someone they don't know.



- Never respond to an "unsubscribe" on a pornographic email. If you or your child receives a message that is harassing, of a sexual nature, or threatening, forward a copy of the message to your ISP, and ask for assistance.
- Internet child safety is crucial in creating a fun and safe family Internet experience
- Think before you type. Make sure what you say is appropriate, won't result in flaming, and puts your best cyberfoot forward.

Source: www.internetfilterreview.com

Ideas for summer jobs for kids over 12

1. Baby-sitting
2. Lawn care
3. House cleaning
4. Dog walking or vacation pet care
5. Washing cars for neighbors
6. Teaching older people how to use computers and the Internet
7. Errand running for busy people
8. Having bake sales
9. Making and selling something unique
10. Work as a bag boy in a supermarket

Source: www.bygpub.com

Smoothing the Evening Transition: Practical Ways to Reconnect on the Home Front

No matter how smoothly you've got the working-parent routine running, the daily transition between the end of the workday and the beginning of an evening at home presents a real challenge. It's the one hour ready-made to strain the whole family.

Reconnecting with Little Ones

Why are many kids such a whiny pain during the first hour home? If you're so drained and depleted, how come they're not? Part of it is your child has to make a big transition in order to reconnect with you, notes Linda Mason, author of *The Working Mother's Guide to Life: Strategies, Secrets and Solutions*. Your child has been holding herself in – being her well-behaved and public self – among non-parents all day. Now that she's with you, the person she's most comfortable with, she's finally free to let loose all those annoying bits of herself.

Here are some tips for easing the reunion and sidestepping a clash:

● **Avoid coming into your child's daycare center in a big hurry.** You're changing the demeanor of calm that's been established all day, so your child may dawdle as a way of asserting control. See life through her eyes: You've been gone all day, and now all of a sudden *you're rushing her*?

● **On the ride home from school or childcare, yield to your child's preferred style.** Some like to chat or chatter, but don't push. You might bring a light snack in the car, let your child pick the music, or talk about what's up for the evening.

● **Once through the front door, take it slow and easy.** Sudden dramatic shifts can discombobulate young children. Everyone's energy may be low at this point, so consider saving the major family interacting for dinnertime. Give at least a tiny amount of *full* attention to your child right away – if he wants it! But then take care of yourself for a few minutes. Not being able to go to the bathroom or check your mail or phone messages might make you cranky, and your mood affects everyone's. School-aged kids can wait 10 minutes, though younger ones might have a hard time waiting more than three. It may depend on whether they can count on real attention after their waiting is over.

● **Still nursing?** Continuing to breastfeed after you've returned to work helps you transition from your working day to your family time, according to Gale Pryor, author of *Nursing Mother, Working Mother: The Essential Guide for Breastfeeding and Staying Close to Your Baby After You Return to Work* (Harvard Common Press, 1997).

Choose Your Attitude

"Routine caregiving is the main stuff of parenting," Mason likes to remind parents. She also advises parents to realize that the tasks they're so busy "getting through" – eating, bathing, homework, bedtime – are what memories are made of. Become more mindful of the passing moment, instead of trying to push your kids through their days. Mason points out that precisely when you're most busy is often when your child will say or do something new or personal or important.

Source: www.parenthood.com

WINNERS, WINNERS, WINNERS

The winners have been selected for the 2003 Air Force-wide Family and Teen Talent Contest. The annual contest provides a great opportunity for teens and families to develop creative expression and an appreciation of the performing arts through singing, dancing, playing musical instruments, and other specialty performances. The contest also provides the community with a special event both for the performers and the audience.

The 2003 talent contest received submissions from all Major Commands with over 250 entries submitted from 48 bases. Performers compete at the base level and taped performances are sent to the Major Commands to vie for selection to the Air Force level competition. Once all tapes are received a panel of professional entertainers selected by HQ AFSVA/SVPCE-TOPS IN BLUE staff, review and judge each tape and select the winners.

Winners are selected in 15 different categories according to age and type of performance. First, second, and third place winners receive savings bonds. Participants between the ages of 14 and 18 are given the opportunity to attend the Performing Arts Camp hosted by the Missoula Children's Theater at Seeley Lake near Missoula MT 26-30 Jul 04. The camp is provided at no cost to the participants.

Winners of the 2003 Air Force Family & Teen Talent Contest

Parent and Youth Team

1st Cheryl & Jordan Meyer	LITTEROCK AFB, AR
2nd Arron Chase & Ashley Tedford	VANDEBERG AFB, CA
3rd Frank Joseph & Rebecca Shelton	EIELSON AFB, AK

Husband and Wife Team

1st Preston & Ladelle Arnold	HICKAM AFB, HI
2nd Robert & Virginia Sons	OFFUTT AFB, NE
3rd Keith & Kara Prince	HILL AFB, UT

Children 3-5 Solo or Group

1st Sterling Elliott	LANGLEY AFB, VA
2nd Heather Johnston	LOS ANGELES AFB, CA
3rd Raven Henriquez	SHEPPARD AFB, TX

Children 6-8 Solo or group

1st Mary Arnold	HICKAM AFB, HI
2nd Justine Elliot	LANGLEY AFB VA
3rd Patrick Dorson	NELLIS AFB, NV

Preteen 9-12 Solo

1st Molly James	LACKLAND AFB, TX
2nd Diane Beckius	HURLBURT FIELD, FL
3rd Brendon Elliot	LANGLEY AFB, VA

Preteen 9-12 Group

1st Becca Springston	NELLIS AFB, NV
2nd Kendall Peebles	RANDOLPH AFB, TX
3rd Jessey Burroughs	HURLBURT FLD, FL

Teen 13-15 Solo (Vocal)

1st Hillary Alguiseva	LACKLAND AFB, TX
2nd Cheyenne Murphy	TRAVIS AFB, CA
3rd Jessica Summers	LITTLE ROCK AFB, AR

Teen 13-15 Solo (Instrumental)

1st Joshua Marzan	MISAWA AB, JAPAN
2nd Erin Stein	MOODY AFB, GA
3rd Audry Zierden	HURBURT FLD, FL

Teen 13-15 Solo (Performance/Specialty)

1st Danielle Turner	EDWARDS AFB, CA
2nd Emily Younker	GRANDFORKS AFB, ND
3rd Emily Furrillo	RANDOLPH AFB, TX

Teen 13-15 Group

1st Air Force Extreme Cheer Team	BEALE AFB, CA
Deidra Williams	Maddy Ragon
Hannah Capps	Kaylar Rubio
Alex Exkenrod	Danielle Vredevoogd
Camisha Jenkins	Amanda Wiggins
Jesika Jenkins	Amanda Oba
Kaity Mackens	Alex Mullen
Kim Moore	
2nd Stacey JR SR High School Step	BROOKS CITY BASE, TX
Angela Calhoun	Andrew Shiermeyer
Domini Davis	Brianne Roberts
Jordan Edwards	Talishya Godley
Megan Edwards	Stephanie Parks
Chelsea Haury	Kaye-Lani Moore
Kalashia Ivory	Gabriella Johnson
Michael Kelly	Nicole Lazare
3rd Jerd Tomasino, Erik Trent, Alex Woodard	OFFUTT AFB, NE

Teen 16-18 Solo (Vocal)

1st Ashley Osborn	TINKER AFB, OK
2nd Alyssa Willett	OSAN AB, KOREA
3rd Carla Blakely	LANGLEY AFB, VA

Teen 16-18 Solo (Instrumental)

1st Jonathan Santiago	CHARLESTON AFB, SC
2nd Jessica Richstein	OFFUTT AFB, NE
3rd Ruth Cook	HANSCOM AFB, MA

Teen 16-18 Group

1st Alyssa Willett	OSAN AB, KOREA
2nd Ray Ellis	RANDOLPH AFB, TX
3rd Chris Kowski	HURLBURT FLD, FL

Family

1st Spencer, Tim & Ben Hurst	SCOTT AFB, IL
2nd Paul, Julie, Stephanie, Allison, Samuel, and Wilson Niesen	MAXWELL AFB, AL
3rd Mathew, Marchelle, & Melody Wilson	MAXWELL AFB, AL

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Youth LINK

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Please visit: www-p.afsv.af.mil/FamilyMember_Programs.youthmain.htm

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